



chadwic
HOME

NEWSLETTER

NOVEMBER 2025

A SAFE PLACE STARTS HERE

WE OFFER PRIVATE HELP,
SHELTER, AND SUPPORT FOR
WOMEN AND CHILDREN.



CALL US ANYTIME FOR HELP

24/7 Toll Free 1-800-461-2242

705-856-2848



Text at

705-806-5445

Website : www.chadwichome.com

**Want to support us?
Donate at:
chadwichome.com**



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3. About Us

C → Chapleau
H → Hornpayne
A → Algoma
D → District
W → Women
I → In
C → Crisis

Our Mission

CHADWIC Home helps women and children stay safe from abuse and violence.

We support women ages 16 and older and their children.

We serve communities across North Algoma, Chapleau, and nearby First Nations.

4. Our Services & 40 years of Service

OUR SERVICES

Emergency Shelter



Transitional housing and support



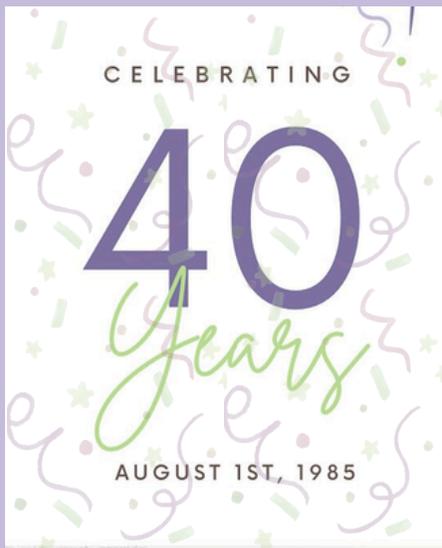
Outreach



Public Education and Awareness



For more information visit chadwichome.com or call 1-800-461-2242



CHADWIC Home has helped women and children for 40 years.

We began with a simple goal: to give people a safe place when they need help. Today, we offer emergency shelter, outreach, housing support, youth programs, and education.

We are here 24/7 to help our community stay safe.

5. In the Community



Local Teens learned First Aid and CPR for free! They gained important skills that can help save lives. Learning this helps make our community safer.

A big thank-you to Trudy Dunham from the Canadian Red Cross for teaching the class and keeping everyone engaged. Each student received a free first aid kit. Lunch was provided by Judy Page Catering and Solene Bake Shop. Great work to all of our amazing teens!



7. Monthly Events

NOVEMBER EVENTS chadwic HOME

SUN	MON	TUE	WED	THU	FRI	SAT
						1 Free Teen First Aid
2 Free Teen First Aid	3	4	5	6	7 White River Teen Girl Empowerment Group	8
9	10 Teen Girl Wellness Group	11 Remembrance Day	12 Grade 6 Girl Talk	13	14 Wear Purple for Shine the Light	15 Wear Purple for Shine the Light
16	17	18	19	20	21 Free Purple Public Skate	22
23	24 Entrepreneurial Teen Group (All Gender)	25 Story and Craft Club Paint Night with a Catch!	26 Grade 6 Girl Talk	27	28	29
30	<p>Check out our social media for more information on events!</p> <p>@chadwichomeinc on Facebook and Instagram</p>					

8. Donation Spotlight



Thank You, Wesdome Gold Mines Ltd. for donating household items. Your support helps women and families feel safe and cared for.



Thank You, Sherri Daoust for raising money and collecting care packages. Thank you also to the community for your kindness and support. Together we can make a difference.



Thank you to Evolgen/Brookfeild Renewable for supporting our Youth Empowerment Groups. Your help brings safety, culture, and education to youth in our communities.

9. 16 Days of Activism



The 16 Days of Activism is a time to stand up against violence. This year's theme is stopping online abuse towards women and girls. We can all help by speaking up, being kind online, and supporting safe spaces.

How to Help

- Governments should make strong safety laws.
- Tech companies should remove harmful content.
- We should support victims and speak up.

10. 16 Days of Activism



2025 16 DAYS OF ACTIVISM **chadwic** HOME

SUN	MON	TUE	WED	THU	FRI	SAT	
NOVEMBER							
<p>Globally, 7% of women have been sexually assaulted by someone other than a partner</p>		25 International Day for the Elimination of Violence Against Women	26	27	28	29 International Women Human Rights Defenders Day	
30	35% of women world wide have experienced partner or non-partner violence	DECEMBER				Reject and Report Abusers Act and Don't Look Away!	Be Sensitive and Supportive
Teach Children Values of Gender Equality	1 World AIDS Day	2 Giving Tuesday	3	4	5 International Volunteer Day for Economic and Social Development	6 National Day of Remembrance and Action on Violence Against Women	
7	8	9	10 International Human Rights Day		Seek Personal Help to Change Harmful Behaviours		

11. Shine the Light Word Search

Word Search

U S A F E T Y B T Q M W L W M I S P Y J
S B S S S M X R X L D G Q B F I E F W Z
W T X V I O L E N C E P N S K I H T E I
B L R A T C G Z M Q P B M H P N R O Y B
C I J E D N O Y W H P Q I I U R E G Y D
O G F L N V S U D C E R W N R Y S E A H
M H S V T G O K R Y O A E E P V P T E O
M T I R Y R T C T A U M W V L K E H K P
U A S E J M V H A R G P P A E X C E X E
N B U I W T P O H C R E A A R N T R C Z
I U P T L B E L Z V Y A Q D S E T S C K
T S P O T C Q D W H J C W P B S N I R H
Y E O A R A U S I O S G Y A H W I E O V
F M R C J X A Y M L Y A A B R H Q O S N
V C T H G K L E M P O W E R M E N T N S
O K H S T Z I J U S T I C E K A N W H T
I T R A G N T K Y E R P V Y K L R E N P
C T K P N V Y Z Q U I W E W M I A I S J
E O T W C G I W O M E N V R N N U K O S
H E G M G H E Q M T X T L W F G D D O L

- | | | |
|-------------|------------|------------|
| Empowerment | Prevention | Compassion |
| Awareness | Community | Awareness |
| Equality | Violence | Advocacy |
| Strength | Together | Support |
| Courage | Respect | Justice |
| Safety | Healing | Purple |
| Women | Change | Abuse |
| Voice | Shine | Light |
| Hope | | |

12. Self-Care Tips

November Self-Care



take a
hot bath



make a
cozy drink



go for a
bundled-up walk



have a face
mask night



try a new
craft



take yourself
on a date



practice
mindfulness



enjoy
sleeping in



cook your
favorite meal

13. Self-Care Tips

THINGS TO NOT FEEL GUILTY FOR
@PersonalHypegirl

your relationship status
letting go
honoring your hunger cues
needing time alone
needing a break
not pleasing others
saying 'no'
feeling sad
feeling your feelings
allowing yourself rest
self care
reaching out for support
Not being productive
putting your mental health first
Being honest
Not being social
Ending toxic relationships
Being yourself
Making mistakes
missing a workout
Your career choices
setting boundaries

YOU CAN BE A KIND PERSON AND STILL
@selfcare.recipe

-  Be selective about who you keep in your life
-  Say NO, despite others feeling
-  Regret some of the choices you have made
-  Set boundaries with others
-  Not agree with someone
-  Be in a bad mood without hiding it
-  Make mistakes, or say the wrong thing
-  Stick up for yourself

14. Resources

Algoma Family Services

- 705 856 2252

Wawa Area Victim

Services

- 705 856 7852

Wawa Community Food

Bank

- 705 856 8132

Service Ontario

- 705 253 3811

Maamwesying North Shore

Community Health

Services

- 705 856 0129

CHADWIC Home

- 1 800 461 2242

Centre Victoria Pour

Femmes

- 705 856 0065

LGBTQ National Hotline

- 1 888 843 4564

Wawa Family Health Team

- 705 856 1313

Iris Place Peer Support

- 1 705 914 0957

North Algoma

Counselling Services

- 705 856 2335

ConnexOntario

- 1 866 531 2600

**Talk4Healing (for
indigenous women)**

- 1 855 554 4325

ADSAB/Ontario Works

- 705 856 2303

EarlyON Child Centre

- 705 856 2960